



NOTICE OF VELLA PRIVACY POLICY

Your health information belongs to you.

At Vella Strength & Healing, we believe your care should feel personal, respectful, and transparent.

Federal and Massachusetts privacy laws give you important rights regarding your health information.

YOU HAVE THE RIGHT TO:

ACCESS YOUR RECORDS

You may request to inspect or receive a copy of your health information maintained by Vella Strength & Healing, subject to applicable legal exceptions.

ASK FOR A CORRECTION

If you believe information in your record is inaccurate or incomplete, you may request an amendment.

CHOOSE HOW WE CONTACT YOU

You may request that we contact you in a particular way or at a particular location.

ASK US TO LIMIT SHARING

You may request restrictions on certain uses or disclosures of your health information.

KNOW WHEN CERTAIN INFORMATION HAS BEEN SHARED

You may request an accounting of certain disclosures of your health information, subject to applicable exceptions.

CHOOSE WHO MAY COMMUNICATE WITH US

You may authorize Vella Strength & Healing to communicate with specific people involved in your care or payment.

RECEIVE A COPY OF OUR PRIVACY NOTICE

You may request a paper copy of our Notice of Privacy Practices at any time. The current notice is also available through our website.

FILE A PRIVACY COMPLAINT

If you believe your privacy rights have been violated, you may contact Vella Strength & Healing or the U.S. Department of Health and Human Services Office for Civil Rights.

YOU WILL NOT BE RETALIATED AGAINST FOR FILING A PRIVACY COMPLAINT.

HOW TO REQUEST YOUR HEALTH INFORMATION

To request access to your records, request an amendment, ask for a restriction, or raise a privacy concern, contact:

Kimberly Harvey, PT, DPT, OCS

Vella Strength & Healing LLC

(781) 927-8568

kimberly@vellastrengthandhealing.com

Please provide enough information for us to understand and respond to your request.

YOU ARE IN CONTROL OF YOUR CARE.

You may ask questions about your health information, request clarification, and let us know how you prefer to communicate.

Your privacy matters.

Vella Strength & Healing

www.vellastrengthandhealing.com